

The Right Reflection®

See Clearly ● Act Boldly ● Live Fully

Single Session Workshop Offerings

We offer single session workshop offerings that can vary from 90 minutes to a full day. Offerings can be combined to make your own customized program. The options are unlimited, but here are some samples of current offerings:

Unconscious Bias

Unconscious Bias is the most frequently requested topic for our workshops. Its research shows that organizations that recognize and work to mitigate unconscious bias are rewarded with higher profits and more productive, engaged employees. We can cover any one of the topics below or combine topics to create a custom designed workshop specifically for your needs:

- Uncovering and Managing Unconscious Bias
- Unconscious Bias in Academia and Academic Health Care
- Unconscious Bias Patterns Women Face in the Workplace
- Implementing HR Systems to Counteract Unconscious Bias
- Ouch! That Hurts. Counteracting Stereotypes in the Workplace

Positive Psychology:

Positive Psychology is the scientific study of the strengths that enable individuals and communities to thrive. Its foundation is the belief that people want to lead meaningful and fulfilling lives, to cultivate what is best within themselves, and to enhance their life experiences. Our workshops offer practical and highly effective ways to apply this science.

- Identifying Strengths and Leveraging them for Success
- Using Appreciative Inquiry to improve teamwork
- Using positive psychology to
 - Combat Stress
 - Boost Happiness
 - Improve Work Engagement
 - Improve Relationships

Changing Mindsets

Changing from a fixed mindset to a growth mindset is not only possible, it can make a significant difference in how you handle setbacks and the steps you take move forward in your job and all other areas of your life.

Workshop topics include:

- Change your Perspective – Change Your Life
- Identifying Your Saboteurs and Defusing Them
- Using Storytelling to Change Your Perspective

Emergenetics

The Emergenetics Profile gives individuals an in-depth and enlightening look at what makes them tick with a special emphasis on thinking preferences. It is also used to strengthen teams by leveraging thinking and behaving data to create a common language for working together, appreciating individual differences, and driving business results. Our half-day or full-day Emergenetics Team Workshop will:

- Create a common language around how people think and behave.
- Translate commonality into a sustainable, action-oriented platform for working and interacting with each other.
- Develop clarity around the way people perceive work and how they communicate with others
- Capitalize on the diversity of thought that exists within a team to be more efficient, productive, collaborative, and innovative.

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Contact Us

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